



## Team Warm-Up Guidelines

September 2021

### BACKGROUND

Teams performing pre-competition warm-ups using public areas of Servus Place & Jarome Iginla/Kinex (ex. hallways, stairwells, fitness track, concourse/bleacher areas) is an unsafe activity. A hazard assessment was conducted regarding this practice and determined that it was a high safety risk, and the activities cannot be allowed to occur in public or operational areas.

### LOCATIONS

**Team warm-ups are permitted in the following areas:**

**Servus Place** – designated corners of Go Auto Arena; north side concourse and north-east end of arena. See attached map. Please note, team warm-ups in the Go Auto Arena Concourse are accommodated as a courtesy, and are only permitted as the conditions allow. Staff may stop a warm-up activity at any time.

**Jarome Iginla/Kinex** - designated to the 2 open warm-up spaces located between Jarome Iginla & Kinex Arenas, next to the Zamboni area.

Using these spaces removes teams from the main public area, and minimizes conflict with other activities. The warm-up activity must not be disruptive to the on-ice activity. If the activity is found to be disruptive by staff or complaints are received the activity will be stopped immediately and the team will be directed to leave the area.

Use of lacrosse sticks & balls is only allowed on the playing surface. Use in any other area is strictly prohibited. Lacrosse balls thrown against interior or exterior walls will not be tolerated. Please ensure sticks are carried/handled in a responsible manner throughout the facility.

### GUIDELINES

1. Team warm-ups or pre-game/practice activities are limited to static activities (no sprints or use of balls, pucks or sticks) in the assigned dressing rooms, and designated areas as identified above.
2. The Coach/Assistant Coach must be present during the duration of the warm-up to supervise the team. Any teams with no coach present will be asked to leave the area immediately.
3. Only two teams can warm-up in Go Auto Arena at a time. If there are other teams waiting, warm-ups will be restricted to 10 minutes per team.
4. The City of St. Albert reserves the right to change or cancel this guideline without notice.
5. Teams/individuals not adhering to the guidelines or not obliging to staff direction may be suspended from the facility.

GO AUTO ARENA DESIGNATED WARM-UP AREA MAIN CONCOURSE

