U13 TEAM STANDARDS: [team name]

*2024-2025*

**COMMITMENT**

Several different factors go into compiling team standards to ensure the players and team can reach their full potential and have fun. After careful thought and through experience, the coaching staff has developed the following standards for the [team name].

**COMMUNICATION WITH PARENTS**

Clear and honest communication with the parents sets the foundation for a positive season.

* The **first point of contact** for parents if there are any concerns is the **Team Manager**. They will pass on any information to the coaching staff, who will determine if a meeting is needed with the player and parent to open the lines of communication.
* **24-hour rule**: Concerns will not be discussed immediately after a game. A 24-hour cooling-off period allows both parents and coaching staff to reflect on the situation and emotions.

**ATTENDANCE**

* If a player will miss a practice or team function, it is essential that the family contacts the coaching staff and updates the attendance on **Team Snap**.
* Consistent attendance helps build team chemistry and success.

**PRACTICES**

* Players are expected to attend practices fully equipped. If a player is missing any required equipment (e.g., neck guards), they will not be permitted to participate.
* Players must bring their own water bottle, filled prior to practices and games. For health reasons, sharing water bottles is not allowed.
* Players must be **fully ready [***10 minutes***] prior** to each practice.

**GAMES**

* Players must arrive [*30 minutes***] before game time**, with both sets of jerseys and socks.
* Players are expected to show discipline on the ice and display respect for teammates, opponents, and officials. **Zero tolerance** for any form of bullying or disrespect.
* Coaches, players, and parents must always communicate with officials in a respectful and courteous manner. **Zero tolerance** for arguments with referees. If a player receives a penalty, they must skate directly to the box without engaging with the official.

**DRESSING ROOM CONDUCT**

* No roughhousing (e.g., pushing, wrestling, shooting pucks, throwing tape, etc.) is allowed in the dressing room.
* **No spitting** on the floor is permitted.
* **Zero tolerance** for inappropriate behavior or language directed towards teammates or team volunteers. This includes swearing, discriminatory language, and inappropriate comments. If a player engages in such behavior, a meeting will be scheduled with the parent and coach to discuss appropriate interventions.

**CELL PHONES**

* Players are not allowed to have cell phones during team activities or in the dressing room at any time.

**PARENTS**

* Parents are expected to lead by example and act in a positive manner at all hockey-related events.
* Parents are an essential part of the team’s success, and full cooperation and support are expected.
* Parents must always adhere to the **Association’s Parent Code of Conduct** and policies. Any violations will be reported to St. Albert Minor Hockey.

**ACCOUNTABILITY**

By signing below, both the player and parent agree to follow the team standards outlined above. You will be held accountable to these expectations throughout the season.

**PLAYER NAME** (Please print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PLAYER SIGNATURE**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PARENT SIGNATURE**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DATE**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_