SAMHA 2025 - 2026

## **INTRO TO HOCKEY**



## **HOCKEY ALBERTA**

THE U5 PROGRAM AIMS TO PROVIDE PLAYERS WITH AN INTRODUCTION TO HOCKEY AND SUPPORT THE DEVELOPMENT OF BASIC HOCKEY SKILLS. PLAYERS WILL HAVE THE OPPORTUNITY TO FORGE NEW FRIENDSHIPS WITH TEAMMATES EACH WEEK.

## **U5 INTRO TO HOCKEY**

COST	\$500	
BIRTH-YEAR	2021	
Start Date	October 18	
Small Area Games / Practices	18	
Skill Development Sessions	Four	
Approx. Days Per Week	One (Sunday)	
Additional Costs	There are no additional costs.	
Jersey and Socks	Sponsored by Timbits Hockey	
Volunteer	Multiple opportunities to volunteer such as coach, assistant coach, and team manager	
Placement Requests	SAMHA does accept placement requests; however, we are unable to guarantee fulfillment. In addition to this requests must be reciprocated by both families.	